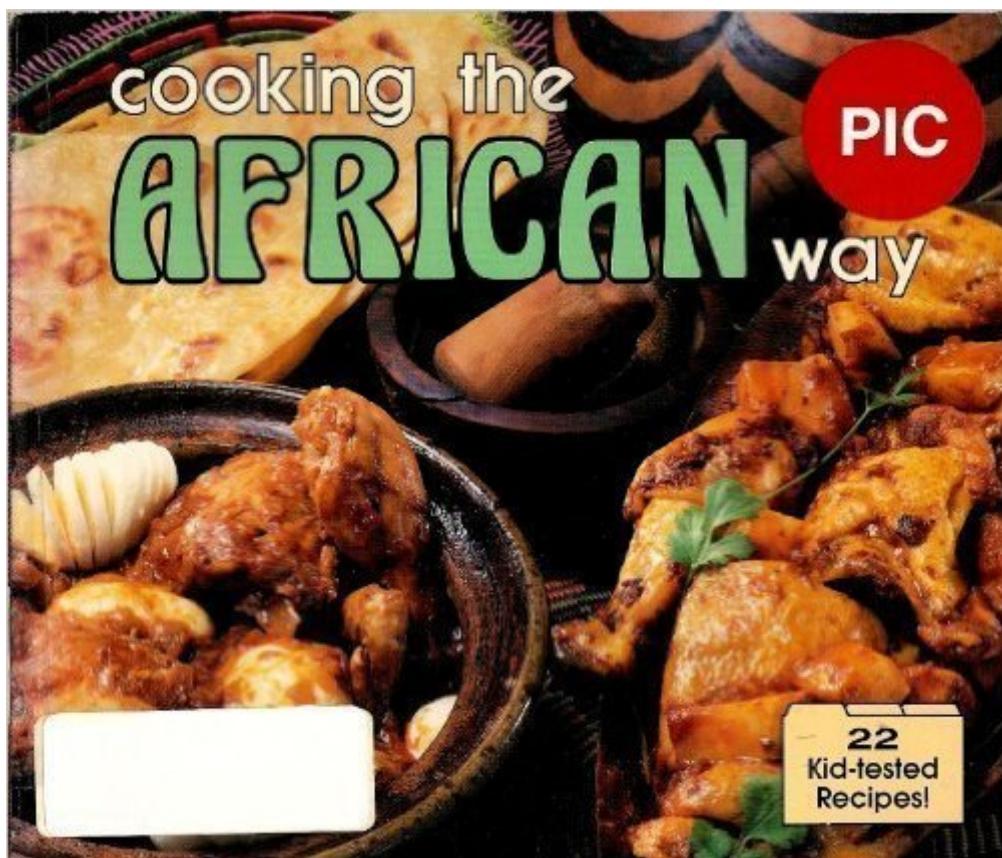


The book was found

Cooking The African Way (Easy Menu Ethnic Cookbooks)



Synopsis

In Cooking the African Way, author Nabwire and Montgomery invite readers to discover the cooking and culture of East and West Africa. Follow the clear, step-by-step instructions to make such exotic dishes as egusi soup, fufu, peanut sauce, jollof rice, and baked plantain on the shell.

Book Information

Series: Easy Menu Ethnic Cookbooks

Paperback: 52 pages

Publisher: Lerner Pub Group (L) (December 1988)

Language: English

ISBN-10: 0822595648

ISBN-13: 978-0822595649

Product Dimensions: 0.2 x 7 x 8.2 inches

Shipping Weight: 14.9 ounces

Average Customer Review: 4.8 out of 5 starsÂ [See all reviewsÂ \(4 customer reviews\)](#)

Best Sellers Rank: #1,336,748 in Books (See Top 100 in Books) #78 inÂ Books > Teens > Hobbies & Games > Cooking

Customer Reviews

I saw this cookbook at a Missions camp this summer, displayed at the booth of a missionary we knew. The recipes are very like the ones we found in Kenya - they have made some adjustments for American ingredients! - so felt assured reading it and so happy to find a copy!

Not only are the recipes great tasting but also fun for parents and children to enjoy cooking together.

This book helped me immensely while I was in need of African recipes. The authors did an impeccable job and I congradulate them.

I really enjoyed reading through all these interesting recipes and hope to try them out shortly. Reading through the reviews also helped me decide to buy this book.

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